### 3.1 Introducing time

(inclusive, exclusive, concurrent sampling)

## Time-to-event data

Until now, we have dealt with binary (Yes/No) outcomes:
Disease, non-disease
Case, control

However, in a cohort study, where individuals are followed up, it is usual to know not only if the disease occurred but:

- For cases, when it was diagnosed
- For non-cases, how long they were known to be disease-free


## Features of time-to-event data

1. The "outcome" of each individual has two components:

- the time for which they were followed
- whether or not they had the event of interest.

2. "censoring": subjects may:

- enter the study at different times (left censoring)
- not be observed for the whole period (right censoring)

Individuals who were followed for the entire study period and remained event-free are also defined as censored (this is called administrative censoring).

## Illustration of censoring

The study subjects are enrolled at different calendar times.
Example below of 15 study subjects, 4 of whom had the event.
Others are censored, sometimes called "lost to follow-up" e.g. due to death, migration, or other reasons


## Time is information!

Each individual's period of observation starts when they join the study and stops when they:

- experience the outcome
- the follow-up period ends
- they are lost to follow-up (censored).

This leads to differences in the follow-up time of individuals, that needs to be considered in rates

## Recall the definition of a rate

The rate is defined as the events per person-time of observation.

$$
\text { Incidence rate }=\frac{\text { Number of new cases of disease }}{\text { Total person-time at risk }}
$$

$$
\text { Mortality rate }=\frac{\text { Number of deaths }}{\text { Total person-time at risk }}
$$

## Example: Person-time

event


In total, these 14 subjects contribute $3+4+1+5+\left(6^{*} 10\right)=73$ person-years Incidence rate $=3 / 73$ events per person year $=4.1$ per 100 py

## Person-time, rates and risks

- An individual's follow-up time (or time at risk) is the time during which, were they to experience the event, the event would be recorded in the study.
- The rate expresses the number of new events to the total observation time (in contrast to risk, in which the denominator is the number of individuals at risk at the beginning of the observation period.
- The longer the period of observation the greater the risk will be, since there will be more time for the event to occur.
- Measures of risk therefore contain an implicit but not explicit time element.

Cohort of 10,000 exposed and 10,000 unexposed (incidence $=5 / 100$ and $1 / 100$ person years)


Cohort of 10,000 exposed and 10,000 unexposed (incidence $=5 / 100$ and $1 / 100$ person years)

Risk in exposed
=4013/10,000


## To estimate RR from a sample

Select all cases (4969 at end of follow-up)
Select sample of cohort at start of follow-up
Odds of exposure among cases $=4013 / 956=4.2$

Odds of exposure among sample at start $\approx 1$

$$
\text { OR= } 4.2 \text { = RR in population }
$$

This is "inclusive sampling" / case-cohort sampling

Cohort of 10,000 exposed and 10,000 unexposed (incidence $=5 / 100$ and $1 / 100$ person years)

Odds of exposure in cases
=4013/956
$O R=4013 / 956 \div 5987 / 9044=6.36$
Odds exposure in controls= 5987/9044 12

## To estimate OR from a sample

Select all cases

Select sample of survivors at end of follow-up
OR in sample $=O R$ in population
e.g. odds exposure in cases $=4013 / 956=4.2$
odds of exposure in survivors $\approx 5987 / 9044=.66$

$$
O R=6.4
$$

This is "exclusive sampling" / classical case-control study

Cohort of 10,000 exposed and 10,000 unexposed (incidence $=5 / 100$ and $1 / 100$ person years)

Odds of exposure in cases (year 5)

$$
\mathbf{O R}=\square \div \square=\square_{\text {Marie Reilly }}
$$

Odds exposure in controls (year 5)

## Can we estimate IRR from a sample?

## Yes!

Select all cases

Select sample of non-cases from "concurrent" members of cohort
("risk-set sampling")
OR in sample = IRR in population
(we will demostrate this in the exercise)

## Sampling "controls" from a cohort

| Design | Which controls |
| :--- | :--- |
| Classic CC | Sample from survivors at end <br> ("exclusive" sampling) |
| Case-cohort | sample from start <br> ("inclusive" sampling) |
| Nested CC | Incidence density or risk set <br> sampling <br> ("concurrent" sampling ") |

## What OR estimates

| OR from <br> Design | estimates these parameters <br> in study base |
| :--- | :--- |
| Classic CC | Incidence OR <br> ( $\approx$ RR, IRR for "rare disease") |
| Case-cohort | RR |
| Nested CC | IRR |

